



Senior Communicator

Motor City Casino Trip

Tuesday, May 15, 8:15 a.m.

Romulus Seniors are visiting the Motor City Casino for a cost of \$13 per person and the Casino provides \$15 in credit upon arrival. Seats are limited, so call the Center to reserve your spot today.



Detroit Tigers Summer Fun!

It's TIGER TIME! Romulus seniors can enjoy the summer at Comerica Park again this year for the Tiger baseball season. Seats are limited so please sign up early and join the fun!

Bus leaves the Senior Center at 10:30 am.

Detroit Tigers VS Indians, May 16, 2018

Detroit Tigers VS Athletics, June 28, 2018

Detroit Tigers VS Orioles, August 1, 2018

No refunds for cancelations - find a friend to take your ticket so you don't lose your money, if you are unable to attend.

Mayor LeRoy D. Burcroff

cordially invites you to a

Mother's Day Brunch

Monday, May 7th, 2018 at 10:00 am

Mother's Day is a special day that we use to thank God for giving us this gift, and to celebrate the love that mothers give to us.

RSVP at the Senior Center as soon as possible



Join us for a fun social hour

at the Romulus Towers,

36500 Bibbins, Romulus, MI 48174

on

Thursday, May 24, 2018 at 2pm.

Please RSVP (734) 955-4120

Programs and Services

Club #1	
May 1	Meeting
May 8	No Meeting
May 15	No Meeting
May 22	No Meeting
May 1	Meeting/Games/Bag Lunch

Pinochle

Wednesdays, 12:00 p.m.

Anyone who likes pinochle or wants to learn is invited to play in this weekly group!

Jesse's Inspiration

Thursdays at 10:30 a.m.

Come to worship and be motivated with our own, Jesse Charles, every Thursday!

Quilting Club

Thursdays, 6:00 p.m.

Anyone ages 16 and up are welcome. For those interested in learning to quilt, wanting to finish a project, or start something new!

Mahjong Game - New

Mondays at 10:00 a.m.

Come and join us and learn to play Chinese Style Mahjong. This is a game for groups of 2 or 4 players and similar to Gin Rummy. Keep your brain active while having good fun.

Podiatrist Visit

Friday, May 25 at 9:00 a.m.

Sign up for an appointment to learn about the health of your feet. This service is especially important for those with diabetes.

May Birthdays

- | | |
|------------------------|---------------------------|
| 1. Mary Buck | 19. Georgia Wachtel |
| 3. Annie Jones | 20. Sylvia Dubisky |
| 4. Grace Harris | 20. Yvonne Woodson |
| 5. Darlene J. Hale | 20. Leota McCraight |
| 5. Rose Mathews Bland | 20. Evelyn Myers |
| 6. Nina Ozog | 20. Teri Hammac |
| 7. Georgia McLain | 22. Sybil Johnson |
| 8. Mary Washington | 22. Hannah Wilson |
| 9. Leondo Smith | 23. Myra Jones |
| 9. Ron Ark | 24. Barbra Schultz |
| 9. Gerald Norman | 24. Marie Lasllo |
| 10. Pauline Hargis | 24. Gail Asare |
| 10. Lavern Hacket | 24. Marie Taylor |
| 10. Wyvonna Bujor | 24. Maryann Ryzner |
| 11. Geneva Hampton | 25. Carmelita Johnson |
| 12. Louise Kossel | 27. Etheleen Johnson |
| 12. Jerry Dumas | 27. Jim Gibson |
| 13. Susie Fuller | 27. Cherly Windfield |
| 14. Betty Michling | 27. Robert Bissonnette |
| 14. Barb Hoth | 28. Johanna Hendrix/Quinn |
| 15. Mary Tyus | 28. Joann Hendricks |
| 16. Jim Forth | 29. Pat Noblett |
| 17. Patricia Rohrbaugh | 29. Jeanette Thoma |
| 18. Jackie McClusky | 29. Margaretta Grisamer |
| 19. Janet Epps | 30. Evelyn Mujadin |
| 19. Nancy Crevier | 30. Marie Charles |
| 19. Nancy Cribbs | 30. W.M.A. Lincoln |
| 19. Nancy Davison | 30. Peggy L. Gladyness |

BINGO

Mondays & Wednesdays

The fee is 25 cents for two bingo cards.

Join us for a BINGO BASH on
Monday, May 21st

Free Blood Pressure Check

Thursday, May 17,
10:00 a.m.

Beaumont is providing free blood pressure checks!

Dates to Remember

Shopping Trips

Every Monday - 8:15 a.m.

Mother Day Brunch

May 7-10 am

Liquid Nutrition

May 9 - 9:30 a.m.

Lunch Out to Olive Garden

May 11 - 11:00 a.m.

Motor City Casino

May 15- 8:15 a.m.

Visit the Lawyer

May 16 - 1:00 p.m.

Older Michiganian Day

May 16-8 am

Commodities/Focus Hope

May 17 - 9:30 a.m.

Blood Pressure Check

May 17 - 10:30 a.m.

Haircuts

May 21 -10:00 a.m.

Rose's Tower Social Hour

May 24 - 2:00 p.m.

Podiatrist

May 25 - 9:00 a.m.

Movie Out

May 30 - 10:00 a.m.

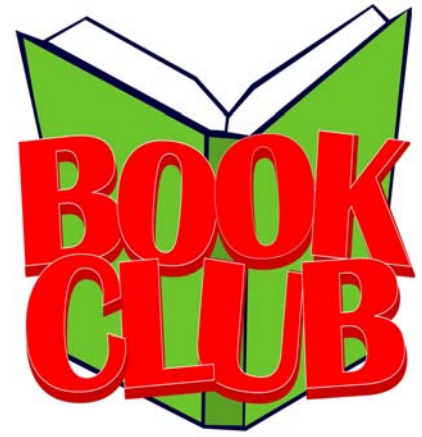
Senior Olympics

Stop by the senior center and pick up your applications , we need Romulus resident 55 and older to sign up.

Daily Walking

Every Weekday
Walking at 9:00 a.m.
& 11:30 a.m.
Stretching at 12:00

Bring some movement into your life with our walking and stretching programs! We will walk and move indoors during cold weather.



Senior Book Club

Tuesday, May 15th

10:30 a.m

Romulus Library will be holding a morning book club at the Center. This month we will discuss:

"The Storied Life of A.J. Fikry"

By Gabrielle Zevin

and

"Glory Over Everything Beyond the Kitchen House"

By Kathleen Grissom

Note: Any programs or activities may be cancelled or rescheduled due to inclement weather and/or lack of pre-registrations. Please always call the Senior Center for the most up-to-date information.

Trips and Outings

Grocery Shopping

Mondays at 8:15 a.m.

Visits to Meijer or Walmart
in Belleville.

If you are going shopping with us, you need to call before Friday and be put on the transportation list. Seats are limited so you must call ahead. Counts are needed in order to complete our route schedules.

***Due to limited space on the bus, no large carts are allowed on the bus. Please buy what you can carry and place in front of you, on the floor. Thank you.**

Movie Out

Wednesday, May 30

10:00 a.m.

Sign up to go see a movie at the Emagine Canton Cinema.

\$2.00 for Transportation,
\$5.00 for Ticket.

(Snacks and Beverages are

Message from the Director, Rose Swidan



Here we are. May is bringing beautiful flowers, sunshine, happiness and our need to be outdoors! I am excited that spring is finally here and it's time to beautify our yards. Senior's that are on our chore service program, should please call the senior center and sign up for a work order for grass cuttings and other minor chore services that we offer.

Our summer programs are gearing up and include the Senior Olympics, our workout programs, dancing classes and our new juicing class. Looking forward to a healthy summer, charged with energy.

Go Tigers! Don't forget to sign up for the Tiger games. We have 3 scheduled games in the coming months. Put on your Tiger t-shirt and come root for our Tigers at the Romulus Senior Center. To sign up, please call 734-955-4120.

Detroit Tigers VS Indians - May 16, 2018,

Detroit Tigers VS Athletics - June 28, 2018

Detroit Tigers VS Orioles - August 1, 2018

Message from Mayor Burcroff



Happy month of May and Happy Mother's Day! It's another newsworthy month in the City of Romulus and the Romulus Senior Center.

Moms are the best! The Burcroff family was privileged to have an amazing mother and we celebrate her even after her passing. At the Senior Center, we will honor all mothers (and fathers who served as moms) at the fifth annual Mother's Day luncheon starting at 10 a.m. Monday, May 7. Admission is free. I hope to see you there!

You are all welcome to participate in Older Michiganians Day, which is May 16. This day encourages seniors to let their voices be heard on senior issues in our State Capitol. Enjoy a continental breakfast at the Senior Center before boarding a bus and heading to Lansing to meet with state legislators. Reserve your spot by calling The Senior Alliance at (517) 886-1029 or see the staff at the Senior Center for more details.

Everyone is invited to the city's Memorial Day ceremony, hosted by the Veterans of Foreign Wars, starting at 11:30 a.m. on May 28 at Romulus Historic Park in the Downtown area. It's important to remember.

Please check out the article in this edition on the senior programs that are free or low cost at the Romulus Athletic Center. Insurance companies partner with us to encourage seniors to stay active and socialize. There are a lot of group exercises offered – even some in the swimming pool.

We have a number of exciting summer programs planned throughout the city. Watch for more details in the upcoming editions of the Communicator. Please mark your calendar for the third annual Community Prayer Breakfast on June 13 at the Romulus Athletic Center. For more details, contact the Senior Center.

Have a great month!

LeRoy D. Burcroff, Mayor of Romulus

Need a venue for your meeting or party?
Rooms for rent at the Romulus Senior Center

The Romulus Senior Center is a great place to celebrate any special occasion from baby showers, to family reunions and even wedding receptions! Rooms are available any day of the week and can hold up to 120 people. Arrange for a caterer or use the on-site kitchen. Call today!



Events at the Romulus Public Library

Second Monday Book Club
Monday, May 14th at 7:00 p.m.

"Cutting for Stone"

By Abraham Verghese

Library Hours

Monday-Thursday: 10am-8pm / Friday-Saturday: 10am-5pm / Sunday: Closed

Food Services

Need Food?

Low income residents are eligible for free commodities each month. A variety of food is provided by the Emergency Food Assistance Program.

Distribution: Thursday, May 17 at 9:30 a.m.

*Liquid Nutrition is also available: Tuesday, May 9th at 9:30 a.m.

Hot Meals Daily

Lunch at the Senior Center is provided daily at 11:00 a.m. Please call (734) 955-4120 the day before to reserve a meal.

Wayne County asks for a donation of \$3.00

Volunteers Needed

The Senior Center is seeking volunteers to pack food each morning from 9:00 a.m. to 11:00 a.m. for the Meals on Wheels Program. Please call if you are interested.

Older Michiganiaian Day

May 16, 2018 at 8:00 am

Presented by Michigan Area Agencies on Aging and our Partners

This Lansing event brings together hundreds of seniors, aging service providers and senior advocates with their legislators and key state officials. If you are interested please call the Senior Alliance at 517-886-1029 or the Romulus Senior Center at (734) 955-4120.

May Community Events

YARD WASTE PICK-UP BEGAN IN APRIL

Friday, May 11th, at 7:30 pm—Animal Shelter Bowling Fundraiser at Romulus Lanes

Thursday, May 17th to Sunday, May 20th—Free Citywide Garage Sales

Friday, May 18th, 9 am to 5pm—Relay for Life—Garage Sale, 9205 Hannan Rd, Romulus

Monday, May 28th, at 11:30 am—Memorial Day Ceremony —at Romulus Historical Park

“SAVE THE DATE”

Wednesday, June 13th, at 8:00 am—Mayor’s Prayer Breakfast, at the Romulus Athletic Center

“Joann’s Happy Travelers” TRIPS

Wednesday, June 20th - Motor City Casino \$26

Wednesday, July 25th - All that Glitters \$77

Tuesday, August 21st - Point Edward, Canada \$38

Thursday, September 27th - Ark Encounter (2 days/1 night) \$289.

Tuesday, October 16th - Firekeepers Casino \$37.

**For information or reservations, please call the Senior Center (734) 955-4120
(Must have at least 10 people to pick-up in Romulus.)**

Join SilverSneakers® today!

If your Medicare health plan, Medicare Supplement carrier or group retiree plan includes SilverSneakers as part of your benefit package, you get all this at no extra cost:

- Fitness benefit including all basic amenities
- Access to more than 13,000 fitness locations nationwide
- Optional SilverSneakers classes led by certified instructors
- Health education seminars and fun social events. Find out how you can take advantage of all that SilverSneakers offers! Visit our website or call today to find out if your health plan offers SilverSneakers and how to get started.



- silversneakers.com
- **1-888-423-4632 (TTY: 711)**,
Monday through Friday 8 a.m. to 8 p.m.

**SilverSneakers is proudly presented
in our area by: Romulus Athletic Center
35765 Northline Road**

Lunch Out to Olive Garden

Friday, May 11

11:00 a.m.

Take the bus out to lunch
with your friends!

Community Garden Boxes

Applications Available

Applications are being accepted for spots in the Romulus Senior Center Community Garden now until all 17 boxes are full. Each garden box is 3 feet by 8 feet and sponsored by the Downtown Development Authority and Blocks Greenhouses.

*Planting Day is scheduled for Friday, May 18th,

DONATIONS NEEDED

Have old medical equipment or supplies?

Donate it to the Senior Center for those in need.

There are many seniors without insurance or coverage that may benefit from items you don't need anymore. Please feel free to drop them off at the Senior Center where they will be distributed on a first come-first serve basis.

Items needed include: adult underwear/briefs (size L/XL most requested!), walkers, wheelchairs, shower chairs, bandages, toilet seat risers, etc.



Too many grocery bags?

Are your plastic grocery bags taking up space in a drawer or cabinet? The Senior Center is in need of clean, plastic grocery bags to help with packaging our monthly commodities.

Please drop them off at the front desk. Thank you very much!



ROMULUS SENIOR
CENTER

36525 Bibbins
Romulus, MI 48174
Phone: (734) 955-4120



Customer service at all levels
Always offer solutions
New and innovative ideas

www.romulusgov.com



Our Romulus Team

Mayor	LeRoy D. Burcroff
Senior Services Director	Rose Swidan
Office Staff	Priscilla Herring
Bus Driver	Karen Kusibab
Meals-on-Wheels	Cindy Coak Carolyn Jones Keiron Howard
CDBG Chore Services	Leondo Smith

www.facebook.com/CityofRomulus
www.youtube.com/CityofRomulus
Comcast Cable Channels 12 & 18

Important Phone Numbers

Senior Resources

Home Health Care
(734) 454-3488

Salvation Army
(800) 728-7825

Meals on Wheels/ Liquid Nutrition's
734-326-5202 Fax 734-326-4497

MI Dept. of Health/Human Services
(855) 275-6424

MI Medicare/Medicaid Assistance
(800) 803-7174

Domestic Violence Hotline
(800) 799-7233

MI Veterans Affairs Agency
(800) 642-4838

Social Security Administration
(800) 772-1213

Applying for Bridge Card
(888) 642-7434

City of Romulus

EMERGENCY: Dial 9-1-1 (Police)

Mayor's Office
(734) 942-7571

City Council
(734) 955-4506

City Clerk's Office
(734) 942-7540

City Treasurer's Office
(734) 942-7580

Community Services Department
(734) 955-4504

Department of Public Services
(734) 942-7579




Water Department
(734) 942-7560

Food Assistance in Romulus
(734) 955-4120



May 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Club #1 meeting Bunco 12 pm	2 Bingo 12 pm Pinochle 12 pm Fun Day 12 pm	3 Ministries 10.30 a Game Day 12 pm Quilting 6 pm	4 Pokeno Music and dance	5 
6	7 Meijer 8.15 am Mother's Day- Brunch 10 am Mahjong 10 am Bible study 11.30	8 Club #1 No mtg Bunco 12 pm	9 Liquid Nutrition 9:30 am Bingo 12 pm Pinochle 12 pm Fun Day 12 pm	10 Ministries 10.30 a Game Day 12 pm Quilting 6 pm	11 Pokeno Music and dance Lunch Out 11 am	12
13 	14 Walmart 8.15 am Mahjong 10 am Bible study 11.30 Bingo 12 pm.	15 Club #1 No mtg Motor City-8:15 a Bunco 12 pm	16 Older Michigan- ian Day 8am Tiger game 10.30 a Bingo 12 pm Pinochle 12 Lawyer 1 pm	17 Commodities/ Focus Hope9:30 a B Pressure 10.30 a Ministries 10.30 a Game Day 12 pm Quilting 6 pm	18 Pokeno Music and dance Juicing w/Rose 10a Planting Day- noon	19
20	21 Meijer 8.15 am Hair cuts.10 am Mahjong 10 am Bible study 11.30 Bingo Bash 12 pm	22 Club #1 No mtg Bunco 12 pm	23 Bingo 12 pm Pinochle 12 pm Fun Day 12 pm	24 Ministries 10.30 Game Day 12 pm Quilting 6 pm Rose's Social Hr at The Towers 2 pm	25 Pokeno Music and dance Podiatrist 9 am	26
	28 Closed 	29 Club # 1 mtg & Bag Lunch Bunco 12 pm	30 Movie Out 10 am Bingo 12 pm Pinochle 12 pm	31 Ministries 10.30 a Game Day 12 pm Quilting 6 pm		